

# 7th Grade Prayers

**Parents, please initial each prayer when your child is able to say it.**

## SIGN OF THE CROSS

### MORNING OFFERING

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day in union with the holy sacrifice of the Mass throughout the world. I offer them for the good of my family and the good of my friends. Please be with me today and protect me forever. Amen.

### NIGHT PRAYER

Dear God, thank you for all the graces You have given me today. Forgive the sins I have committed. Let Your holy angels stand about me; and let your blessing be upon me. Amen

### PRAYER TO MY GUARDIAN ANGEL

Angel of God, my guardian dear, to whom God's love entrusts me here, ever this day, be at my side, to light and guard, to rule and guide. Amen.

### BLESSING BEFORE MEALS

Bless us, O Lord, and these your gifts, which we are about to receive from your bounty, through Christ, Our Lord. Amen.

### \*\*GRACE AFTER MEALS

We give thanks, O Lord, for these your gifts, which we have received from your goodness, through Christ, Our Lord. Amen

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY

Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

### TEN COMMANDMENTS

1. I am the Lord your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

### SEVEN SACRAMENTS

Baptism  
Reconciliation  
Eucharist  
Confirmation  
Holy Orders  
Matrimony  
Anointing of the Sick

### HOLY DAYS OF OBLIGATION

Mary, Mother of God, January 1  
Mary's Assumption, August 15  
All Saint's Day, November 1  
Mary's Immaculate Conception, Dec. 8  
Christmas, December 25

## **MEMORARE**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O Virgin of Virgins, my Mother; to you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

## **THE ROSARY**

- Make the Sign of the Cross with the crucifix and pray the Apostles' Creed.
- Pray the Lord's Prayer on the first large bead.
- Pray a Hail Mary on the next three beads.
- The Glory Be to the Father, follows.
- On the next large bead, recall the first mystery, and say the Lord's Prayer.
- Pray a Hail Mary on the next ten beads. Then pray the Glory to the Father. (May add Fatima Prayer) This completes one decade.
- Follow this pattern for the next four decades, recalling a mystery and saying an Our Father on each of the large beads.
- Pray the Hail, Holy Queen and Prayer After Rosary
- End by making the Sign of the Cross with the crucifix.

## **APOSTLES' CREED**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## **FATIMA PRAYER**

Oh My Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those who have most need of your mercy.

## **HAIL HOLY QUEEN**

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope, to you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us; and after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O Sweet Virgin Mary. Amen.

## **FORMULA FOR SACRAMENT OF RECONCILIATION**

**Priest:** In the name of the Father, and of the Son, and of the Holy Spirit. Amen. (Together, make the Sign of the Cross.)

**Person:** "Bless me, Father, for I have sinned." "It has been \_\_\_ weeks (months) since my last Confession." "These are my sins. (Tell your sins). When finished say: "I am sorry for these and all the sins of my whole life."

**Priest:** Gives words of advice and suggestions. He tells you what to do for penance (Prayers to be said after confession).

**Person:** Says \*\* Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

**Priest:** Gives Absolution (the words which take away sins) I absolve you from your sins in the name of the Father, and of the Son and of the Holy Spirit. (Make the Sign of the Cross as the priest blesses you.)

**Person:** Amen.

**Priest:** Go in Peace.

**Person:** Thank you Father

\*\*Use the version that you know.